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The Girl's Body Book: Third Edition: Everything You Need To Know For Growing Up YOU



Synopsis

You have questions? We have answers to everything you need to know for growing up you! Growing up isn't as easy as it looks. With changing emotions, friends, expectations, and bodies, some days it can seem like life is one big roller coaster ride. The Girl's Body Book is here to help with expert advice, common sense tips, fast facts, and answers to all questions a girl might have. Topics covered include: * From hair care to high heels, a head-to-toe guide to what's happening with your changing body * Dealing with your friends, even when they don't want to deal with you and how to handle "Mean Girls," bullies, and cyberbullies * The care and keeping of parents, teachers, brothers, and sisters * Finding out what you like (from sports to art to music), and learning to like who you are * And so much more!

Book Information

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Average Customer Review: 4.5 out of 5 stars 23 customer reviews

Best Sellers Rank: #301,197 in Books (See Top 100 in Books) #105 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Peer Pressure #115 in Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Abuse #1621 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Girls & Women

Age Range: 9 - 12 years

Grade Level: 4 - 7

Customer Reviews

Kelli Dunham, RN, BSN is a nurse, comedian, and author of several other books, including The Boy's Body Book. Laura Tallardy is an illustrator who graduated from Syracuse University's illustration program and has vowed to never go anywhere that chilly again. She has illustrated the Lily Series, the Friend2Friend Club series, and is a frequent contributor to Girls' Life and American Girl magazines.

This book is perfect for my 10yr old I love that it has info on hygiene, health, food, girl drama and family I bought the with the "it's so amazing" book together my daughter will have detailed info and girly info. I gave this book 4 stars cause I had hoped it would be a little more detailed in some areas so I'm glad I got a back up book. But over all cute book I think my kid will like it.

Bought for my 10 yr old. Has generated lots of questions and giggles about growing up. Good start!

9yr old daughter liked this book to explain what was going on with her body, definitely recommend!

A friend of mine recommended this book and I feel it is definitely useful. My daughter however is too shy at the moment to look into it but when she gets curious I am sure she will.

Great book for girls.

Guidebook to help prepare for puberty.

Great book

My daughter and I are enjoying reading this book together. There are a few questionable opinions in the book that I have not read aloud to my daughter, however.

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